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# The potency of alpha-humulene as HER-2 inhibitor by molecular docking



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**Abstract:** HER-2 overexpression is present in approximately 20% of breast cancer. This research aims to study the interactions of α-humulene to HER-2 protein by using *in silico* molecular docking. The experiment was carried out by HER-2 protein preparation (PDB ID 3PP0), docking validation, α-humulene optimization, and α-humulene docking. The results showed that α-humulene had binding energy of -7.50 kcal/mol, Van der Waals binding energy of -7.48 kcal/mol, and electrostatic energy of -0.02 kcal/mol. α-Humulene is potential as anti-breast cancer towards HER-2 *in silico*.

Keywords: alpha-humulene, anti-breast cancer, HER-2, in silico, molecular docking

## Introduction

Breast cancer is a malignant tumor in the mammary gland tissue originating from the ductal epithelium or its lobules [1]. About 20% of breast cancer cases are caused by overexpression of HER-2 [2]. The human epidermal growth factor (HER-2) plays a role in proliferation, migration, cell survival and growth [3]. HER-2 overexpression is associated with more aggressive disease, a higher recurrence rate, and shortened survival. In addition, HER-2+ breast cancer has a higher preference for metastasis to the brain [4].

Breast cancer is generally treated by chemotherapy, surgery, radiotherapy, or combination. However, this therapy has several side effects, such as hair loss and drug resistance [5]. Hair loss after chemotherapy is caused by an unspecific drug target [6]. Conventional chemotherapy kills both cancer cells and normal cells. Therefore, it is urgent to develop anticancer drugs that kill cancer cells specifically. One of the drug sources is natural ingredients.

α-Humulene is a monocyclic sesquiterpene that is commonly found in the *Zingiberaceae* family (Figure 1) [7]. Extracts from *Zingiberaceae* were tested on MCF-7 breast cancer and HT-29 colon cancer cell lines and produced the small  $IC_{50}$  value from the 11 plants of the *Zingiberaceae* group [8]. However, no study was found to elucidate α-humulene as anti-breast cancer *in silico*. Molecular docking is a computational simulation to predict the binding between a ligand and a protein, in

which ligand is docked to the active site of the receptor [9]. This research aims to study  $\alpha$ -humulene activity as anti-breast cancer by inhibiting HER-2 *in silico*.

#### **Methods**

### Protein preparation

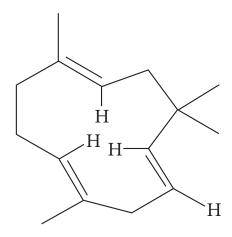
The HER-2 protein (PDB ID: 3PP0) was downloaded from <a href="http://www.rcsb.org/">http://www.rcsb.org/</a>. This target protein was prepared using Chimera 1.11.1 by separating the protein sequence from 03Q native ligand.

#### Validation of docking

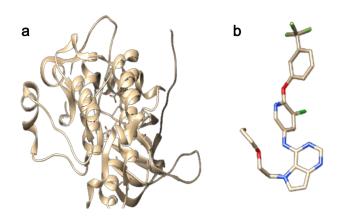
The docking method was validated using the Autodock Tools application (Autodock 4.2 and Autogrid) by redocking (2-{2-[4-({5-chloro-6-[3-(trifluoromethyl) phenoxy]pyridine-3-yl}amino)-5H-pyrrolo[3,2d] pyrimidin-5-yl]ethoxy}ethanol) (03Q) native ligand to the prepared HER-2 protein. The grid box was arranged by adjusting the coordinate size of the grid center (X = 16.387 Å, Y = 17.394 Å, Z = 26.218 Å) and grid size (X = 40 Å, Y = 40 Å, Z = 40 Å). The validation parameter of docking protocol was the value of root mean square deviation (RMSD), which is valid if the value of RMSD is less than  $\leq$  2.0 Å.

## α-Humulene structure optimization

The downloaded 3D structure of  $\alpha$ -humulene was optimized using HyperChem 8. The optimization



**Figure 1.** Two dimensional (2D) of  $\alpha$ -humulene structure



**Figure 2.** The results of protein preparation. (A) Structure of prepared HER-2 protein target (B) 03Q native ligand

Table 1. Validation parameters of HER-2 target protein and 03Q native ligand

Protein target	Ligand	Conformations	RMSD (Å)	Energy Vdw_Hb_ desolv (kcal/mol)	Energy elec (kcal/mol)	Binding energy (kcal/ mol)
	03Q native ligand	1*	0.62	-13.57	-0.01	-10.60
HER-2		2	0.71	-12.74	-0.02	-10.50
		3	0.72	-13.13	-0.09	-10.49
		4	1.18	-13.22	-0.04	-10.28
		5	0.69	-13.43	-0.04	-10.24
		6	2.59	-11.92	-0.03	-9.78
		7	2.76	-10.92	+0.03	-9.74
		8	3.53	-13.49	+0.01	-8.97
		9	2.61	-11.25	+0.02	-8.24
		10	2.51	-12.71	-0.01	-7.90

step was carried out using the AM1 (Austin Model 1) semi-empirical computational method and single-point calculations and geometry optimization.

## Docking α-humulene to the HER-2 protein target

The optimized  $\alpha$ -humulene was then docked to the prepared HER-2 target protein using the Autodock 4.2 program. The results gave  $\alpha$ -humulene conformation with the lowest binding energy to the target protein. The interaction analysis showed the types of bindings such as hydrogen bonds, Van der Waals, hydrophobic, and electrostatics.

#### **Results**

# Preparation of HER-2 protein target

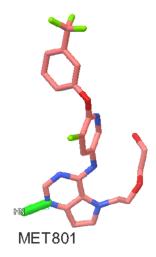
The preparation of HER-2 target protein provided and the protein and 03Q native ligand (Figure 2).

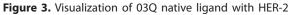
## **Docking validation**

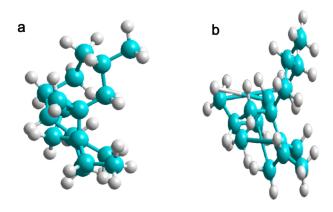
The validation parameter of the docking protocol was the RMSD value. The obtained RMSD value was 0.62Å which is valid (< 2.0 Å). This validation also produced the binding energy between HER-2 target protein and 03Q native ligand. The binding energy of the selected conformation with the lowest RMSD value was -13.57 kcal/mol for Van der Waals, -0.01 kcal/mol for electrostatic, and -10.60 kcal/mol for free binding energy (Table 1). The visualization indicated the hydrogen bonding occurs between 03Q native ligand with MET 801 residue (Figure 3).

#### Optimization of a-humulene

The 3-dimensional structure (3D) of  $\alpha$ -humulene was optimized using single-point calculations and geometry optimizations. The single point energy calculation of







**Figure 4.** 3D structure  $\alpha$ -humulene. (A) single point calculation result, and (B) geometry optimization result

**Table 2.** α-Humulene docking result on HER-2 protein

Protein target	Ligand	Conformations	Energy Vdw_Hb_ desolv (kcal/mol)	Energy elec (kcal/mol)	Binding energy (kcal/mol)
	α-humulene	1*	-7.48	-0.02	-7.50
		2	-6.39	-0.00	-6.39
		3	-6.39	+0.01	-6.38
HER-2		4	-7.31	-0.02	-7.33
IILN-Z		5	-6.39	+0.01	-6.38
		6	-6.39	+0.01	-6.38
		7	-6.39	-0.00	-6.39
		8	-6.39	+0.01	-6.38
		9	-6.39	-0.00	-6.39
		10	-6.39	-0.00	-6.39

 $\alpha\text{-humulene}$  was -3800.11 kcal/mol, and the energy of geometric optimization was -4497.19 kcal/mol. The 3D structures of single-point and geometry optimization of  $\alpha\text{-humulene}$  are displayed in Figure 4.

# Docking α-humulene to HER-2 target protein

The docking process yielded ten bond conformations between  $\alpha$ -humulene and HER-2 protein. The most stable conformation of  $\alpha$ -humulene with the lowest binding energy had the Van der Waals and hydrophobic energy of -7.48 kcal/mol, electrostatic energy of -0.02 kcal/mol, and binding energy of -7.50 kcal/mol (Table 2). Visualization analysis showed that  $\alpha$ -humulene did not form a hydrogen bonding with HER-2 protein target through MET 801 residue as 03Q native ligand.

#### **Discussion**

The docking protocol was valid, as shown by the RMSD of 0.62 Å ( $\leq$  2.0 Å). The docking results showed that the binding energy of  $\alpha$ -humulene to HER-2 protein was -7.50 kcal/mol, higher than 03Q native ligand with -10.60 kcal/mol. This finding implies that  $\alpha$ -humulene is potential for HER-2 protein as indicated by the negative value of binding energy.

α-Humulene is one of the sesquiterpenes known for its anti-cancer activity. *In silico* study of eugenol sesquiterpenes against HER-2 protein obtained the binding energy value of -4.16 kcal/mol, higher than gefitinib with -7.05 kcal/mol as a control [10]. *In vitro* study indicated that α-humulene had a cytotoxic activity with an  $IC_{50}$  of 81.9 μg/mL against the MCF-7 breast cancer cell line [11].

#### **Conclusion**

Based on this study,  $\alpha$ -humulene has the potential as an anti-breast cancer agent by *in silico* through the inhibition of the HER-2 protein.

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#### **Declaration of interest**

The authors declare no competing interests.

#### **Author contributions**

IMHP conceptualized the study design; IMHP and IPAACP investigated the data; KDAP and GADP wrote the original draft; IMHP, KDAP and GADP reviewed and edited the final version; IMHP acquitted the funding; NPLL supervised all experiments. All authors read and approved the final manuscript.

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